

DON'T MISS THIS EXCITING CONFERENCE PACKED WITH POWERFUL SPEAKERS AND LIFE CHANGING INFORMATION!

ON NOVEMBER 14-15, 2014

Fibro patients, family, friends, and healthcare providers descend upon the Elms Hotel & Spa in Excelsior Springs, Missouri.

The Elms, with delicious cuisine and spa, is a perfect match for the Fibromyalgia Conference & Retreat.

We are excited; hope to see you there! Beat the crowds! Register online at www.fibrocoalition.org

FRIDAY, 9:30-10:30 AM William Shaw, PhD: *Chronic Candida Overgrowth and Nutritional Factors*

Dr. Shaw is a biochemist with board-certification in clinical chemistry and toxicology. As an innovative researcher, he is dedicated to understanding the biochemical influences on health and wellness. He is author of two books and frequently speaks at conferences worldwide to help educate patients and medical practitioners on how to successfully find and treat the underlying issues contributing to fibromyalgia and other illnesses. He will help us understand the link between fibromyalgia and Candida by looking at their corresponding symptoms and outline steps you can take to eliminate excess Candida.



11:00 AM-12 Dr. Gloria Gilbère, CDP, DA Hom, ND, PhD, DSC: *Oral Health & Overall Health: Could Your Mouth Be At The Root of Your Fibromyalgia and Immune System Disorders?*



Dr. Gilbère shares the connection of oral health and how it can be an underlying culprit to many immune system disorders, including fibromyalgia. She began her health career in dentistry – never dreaming that more than five decades later she'd be implementing dental principles into her

work and practice in holistic rejuvenation. Because she too is a victim of not only mercury poisoning but also a serious undiagnosed periodontal infection that became systemic, she shares her experiences and solutions to help you take charge of your own health and to know what questions, testing and protocols to implement. Her new book, *I was Poisoned by My Teeth*, will be officially launched at the retreat.



Dr. Gilbère's presentation will include comments by **Jack Ferguson, DDS**, who was also poisoned by mercury in dental school. Dr. Ferguson understands the health-depleting effects of toxic oral health and the barrage of disorders it can cause.

1:30-2:30 PM Mark Buse, BSc, CCT, Nationally Board Certified Colon Hydrotherapist: *Coffee Dialysis – The Supreme Detoxification*

Mark shares his more than forty years' experience with coffee dialysis and the amazing results it provides to reduce the body's overall toxic load – enabling our organs to detoxify and neutralize toxins and, therefore, provide a "clear path" to achieve wellness. Stored toxins manifest symptoms that are commonly *un-diagnosed, mis-understood, over-medicated* and *non-validated*... including those common in fibromyalgia. Mark is launching his new book, *Coffee Dialysis*, at his presentation and will be doing a book signing afterwards.



3:00-4:00 PM Linda Bamber, Certified Nutritionist, Thermographer: *Breast Cancer – Are You At Risk?*



Find out if you are at high risk of developing breast cancer and what you can do to lower your chances. Research shows over 216 toxins that are connected to breast cancer; 47 of these are drugs. There are 3 viruses, toxins from 8 dental materials, electromagnetic fields, and a host of other items connected to breast cancer that we can avoid. Learn about these and safe breast screening test, exercises to clear lymph nodes, protection from EMFs, foods that cause breast problems, and much more!

FRIDAY, 6:30 PM - RECEPTION & CONCERT

A time to make new friends, enjoy good food, browse the booths, hear what sponsors have to offer, try new product samples, and bid on some fibro-friendly products and services at the live auction.

FRIDAY 7:45-8:30 PM Janalea Hoffman, Music Therapist: *Healing Concert*



Janalea is a pioneer in music therapy and conducts a bedside program at Shawnee Mission Medical Center that brings physical, emotional and mental healing. She has been featured in *Prevention* magazine, *Arthritis Today*, *Breast Cancer Awareness*, *RN* magazine, and Rodale's book, *New Choices In Natural Healing*.

NOTE : PayPal has a financing option that allows you to stretch payments over 6 months at 0% interest. It's presented to you during checkout on our website.

SATURDAY, 9:30-10:30 AM Debra Filla: *Celiac Disease - A Kissing Cousin?*

Filla, vice president of the Celiac Sprue Association of Kansas City from 2009-2010, has a fascination with the incredible mystery of how the body works. Autoimmune disease affects more individuals than cancer or heart disease. Celiac is a unique autoimmune disease, in that the cause is known and the cure is simple. She will answer your questions: What does it mean to be celiac? What is gluten sensitivity and why is it on the rise? And most importantly, what might be learned from celiac that will provide clues into fibromyalgia?



11:00 AM-12 Dr. Christopher Powell, MA, PhD, Dipl Ac: *The Power of Chinese Medicine: A Serious Look at Inflammation and Fibromyalgia*



Dr. Powell is a graduate of the doctoral program in traditional Chinese medicine at the International Institute of Chinese Medicine. He has worked closely with several doctors in research of chronic and debilitating diseases including fibromyalgia. He often employs much of that research and his own in the treatment of illnesses and the side effects from medical intervention.

1:30-2:30 PM Garrett Sullivan, MD: *Methylation: (What's That Got To Do with Fibromyalgia?)*



Board Certified in Family Medicine and well versed in all branches of general care, Dr. Sullivan brings whole-person foundation to partner with patients presenting with the full spectrum of medical problems, simple to complex. He is a "specializing generalist" in every sense of the word, coordinating general basic elements required to promote, maintain and optimize one's health and functional status, regardless of the more specific labels given to them. Dr. Sullivan provides medical services through the Awaken Whole Life Center at Unity Village in Kansas City, Mo.

3:00-4:00 PM: Q&A ROUND TABLE PANEL

FIBROMYALGIA SOLUTIONS MAGAZINE

In addition to the conference, FCI provides many programs and services for the fibromyalgia community. All non-members who register for the conference will receive full membership benefits including 4 issues of *Fibromyalgia Solutions* magazine! If you cannot attend you can still become a member. Just complete the registration form on the back, check FCI Membership, and remit to FCI or join online.



RETREAT SPONSORS

Arehart & Erzen, P.A.
913-402-0008

Nurturing Optimal Wellness
816-453-5545
www.nancyrussellmd.com

The Great Plains Laboratory
913-341-8949
www.greatplainslaboratory.com

Bath Innovations Walk-In Bathtubs
913-912-1750
kswalkinbathtubs@gmail.com

Midwest Myofascial Release Center
913-706-2294
midwestmyofascialrelease.com

REGISTRATION FORM

Name _____
Address _____
City _____ State _____ Zip _____
Phone (_____) _____ Date _____
E-mail _____

FCI MEMBERS

Early Bird Registration (ends July 31, 2014)
Number of members ____ x \$154.00 = \$ _____
Number of guests ____ x \$154.00 = \$ _____
Nurses (CEUs included) ____ x \$174.00 = \$ _____
Registration after July 31
Number of members ____ x \$174.00 = \$ _____
Number of guests ____ x \$174.00 = \$ _____
Nurses (CEUs included) ____ x \$194.00 = \$ _____
Guest Name: _____
__ **Renewal** (1 year \$35; 2 years \$60) \$ _____

NON-MEMBERS (Includes membership/magazine)

Early Bird Registration (ends July 31, 2014)
Number Non-Members ____ x \$189.00 = \$ _____
Non-Member guests ____ x \$154.00 = \$ _____
Nurses (CEUs included) ____ x \$209.00 = \$ _____
Registration after July 31
Number Non-Members ____ x \$209.00 = \$ _____
Non-Members guests ____ x \$174.00 = \$ _____
Nurses (CEUs included) ____ x \$229.00 = \$ _____
Guest Name: _____
__ **Join FCI** (1 year \$35; 2 years \$60)..... \$ _____

MEALS (Enter number of meal reservations)

Fri. __Lunch __Reception; Sat. __Breakfast __Lunch
Dietary Restrictions: _____

PAYMENT METHOD

TOTAL FROM ABOVE \$ _____
__ Enclosed is my check payable to FCI
__ Please charge my Visa/MasterCard or Discover
Card No. _____
Expiration date ____/____/____ **V Code** _____
Signature _____

COMMENTS FROM THE 2013 CONFERENCE

"This was a great conference and you do a fabulous job always. The Elms was very special and I would love to have it there again." ~ Marcia Poe
"I enjoyed all the speakers. It was a tremendous experience. More please! Thank you so much for all your hard work!" ~ Kay Mader

IMPORTANT CONFERENCE INFORMATION

**DON'T MISS THIS LIFE CHANGING EVENT!
November 14-15, 2014**
Early bird registration deadline is July 31. Complete the form on the left, clip and mail to FCI now or register online while it's fresh on your mind!
Registration includes all sessions, lunch and reception Friday, plus breakfast and lunch Saturday. Check the meals you want on your registration form and note any dietary restrictions.
Check-in begins at 8:30 AM Friday. Please check in at the FCI registration table and pick up your Welcome Packet with meal tickets, name tag, etc.
FCI holds no responsibility in the event of personal loss including injuries, illness, or accident.

HOTEL RESERVATIONS

Room Reservations: Call the Elms Hotel and Spa at 1-800-843-3567 and request the Fibromyalgia Coalition group rate or make your reservations on the FCI website when you register for the retreat.
To receive the special group rate of \$135, reserve your room by Oct. 4. Fibromyalgia Coalition's block of rooms is limited so reserve your room now.
Spa Services: Retreat attendees receive a 10% discount on spa services. Make your appointment with the Elms Hotel and Spa by Oct. 4 at 1-800-843-3567. Visit www.elmshotelandspa.com for info on services.

TRANSPORTATION

TO/FROM KANSAS CITY INT'L AIRPORT (MCI)
5 Guys Transportation: 816-891-9999; Nonstop \$55 plus gratuity. Reservations required. Include airline name, flight number, arrival time and departure city. Taxi: \$73 plus gratuity.

MAIL, FAX, OR REGISTER ONLINE

Fibromyalgia Coalition International
5201 Johnson Dr, Ste 210
Mission, KS 66205-2920
Fax: 913-384-8998 • www.fibrocoalition.org

NON-PROFIT ORG.
US POSTAGE
PAID
PERMIT 2826
KANSAS CITY, MO

Change Service Requested

FIBROMYALGIA COALITION INTERNATIONAL
5201 Johnson Dr Ste 210
Mission KS 66205-2920

*Join us Nov. 14-15, 2014
for this amazing event!*



Real Hope. Real Help. Naturally!™
A 501 (c)(3) nonprofit organization

PROUDLY PRESENTS
**The 14th Annual
Fibromyalgia Conference
AND Retreat**

**WHAT'S THAT GOT
TO DO WITH
FIBROMYALGIA?**

**Friday, November 14
&
Saturday, November 15, 2014**

Elms Hotel and Spa
401 Regent Street
Excelsior Springs, Mo.

Your Host:
Fibromyalgia Coalition International
5201 Johnson Drive, Suite 210
Mission, KS 66205
www.fibrocoalition.org • 913-384-4673

